

Interested in Emotionally Focused Therapy?  
Looking for a community of likeminded people?  
Why not join us?

## Complimentary Membership of the British EFT Centre

The British Emotionally Focused Therapy Centre (BEFT) is a non-profit making voluntary organisation supporting secure, resilient relationships, by promoting and enabling access to EFT in Britain. We are working to create public and professional awareness of EFT and the BEFT Centre, to develop an EFT learning community and to link with key organisations in and around the therapeutic world.

We welcome all therapists - whether simply to join our community or to become a more active member of the BEFT team.

### Membership Types

**Associate Membership** is open to anyone who is resident in Great Britain and shares our commitment to build a thriving nation-wide community of EFT practitioners.

**Full Membership** is open to anyone who qualifies for Associate Membership and is also a General Member of ICEEFT listed on the ICEEFT directory. Please note that ICEEFT membership is available to anyone who has completed an ICEEFT approved Externship.

### Benefits of Associate Membership

- Information about local, national and international EFT groups and events.
- Access to a member's area with downloadable website resources.
- Exclusive access to Centre events.

### Full Membership: Additional Benefits

- Listing on a searchable directory of Britain based EFT therapists: potential clients can use this to find a local therapist.
- Full members can request that any training or EFT event they are organising or are involved with is promoted on the BEFT website.

The British Emotionally Focused Therapy Centre (BEFT) is an Affiliated Centre of the International Centre for Excellence in Emotionally Focused Therapy (ICEEFT) see [www.iceeft.com](http://www.iceeft.com).



### Here's How to Contact the British EFT Centre Team

Please visit: [www.beftcentre.org](http://www.beftcentre.org) for access to the online membership application form. If you have any membership queries please e-mail [membership@beftcentre.org](mailto:membership@beftcentre.org). For general enquiries or to send a message to the organising team you can either use the website contact page or e-mail our BEFT Centre Coordinator Sandra at [coordinator@beftcentre.org](mailto:coordinator@beftcentre.org)

Please get in touch: we welcome your application, questions, feedback, ideas and suggestions.